

Online Lab Counseling Schedule for Certificate Programme in Yoga (CPY)**Course: BGYL01 [Shat Kriyas, Yogic Kriyas, Asanas, Pranayama, Mantra Japa]****Academic Counselor: Mr. Pritam Banik****[Session: Jan-2024/July-2024/Jan-2025/July-2025/Jan-2026 Fresh]**

Date	Time	Course	Meeting Link
<i>Aug 29, 2026</i>	06:00 pm – 07:30pm	BGYL-01	https://meet.google.com/ggk-awny-ksg
<i>Aug 30, 2026</i>	06:00 pm – 07:30pm	BGYL-01	https://meet.google.com/ggk-awny-ksg
<i>Aug 31, 2026</i>	06:00 pm – 07:30pm	BGYL-01	https://meet.google.com/ggk-awny-ksg
<i>Sep 01, 2026</i>	06:00 pm – 07:30pm	BGYL-01	https://meet.google.com/ggk-awny-ksg

All the learners are advised to join the online counselling sessions on time.

[Sr. Regional Director & Head]